

THE Blue EDGE Bulletin

November 2022

Term 4 Update

Our final programs for 2022 kicked off a month ago and what an amazing start they've had!

This term we have welcomed 3 new schools: Coburg High School, Orbost Secondary School and Stawell Secondary School, who are running alongside Weeroona College Bendigo, Northern Bay College in Corio, Lyndhurst Secondary College in Cranbourne, Kurnai College - Churchill Campus, Portland Secondary College, Greater Shepparton Secondary College, Bass Coast College and Woodman's Hill Secondary College in Ballarat.

We started off the term with Facilitator training, where we welcomed some new members to the Blue EDGE team including Asha in Corio, Sam in Cranbourne and Gemma in Wonthaggi.

Melbourne Victory ran a session in Corio and will be heading to Coburg and Shepparton later this term.

Lastly, the highlight of the first 4 weeks was the Police Session! The groups absolutely love hearing about the role the police members have within the community (and seeing the cool equipment and cars they have!) As always, we're so grateful for the support Victoria Police give the Blue EDGE program - thank you!



Blue EDGE Corio



Spaghetti Marshmallow Challenge

One of the first activities run at the Blue EDGE program is the Spaghetti Marshmallow Challenge. While your mind may go to an eating challenge, it's actually a tower building challenge!

Armed with only 10 pieces of spaghetti, 1 metre of masking tape and 1 metre of string, groups of 4 have 10 minutes to construct the tallest tower they can which will support the marshmallow.

It's a great activity which always results in some creative towers and teaches the group how they can best work together moving forward. It also opens the conversation around the Team Agreement.

By building the foundations and a bond in these first few weeks, the group is able to have deeper conversations in the later weeks around Identity, Diversity, Healthy Decision Making and Mental Health.



*The
Spaghetti
Marshmallow
Challenge was a
success!
The activity sparked
lots of ideas for our
Team Agreement.*



Blue EDGE Churchill



Blue EDGE Portland



Blue EDGE Orbest



Blue EDGE Woodmans Hill



Blue EDGE Cranbourne



Spotlight!

Meriel - RMIT Student and Cranbourne Facilitator

What's the best part about being involved in Blue EDGE?

I love building relationships with the students, and seeing their relationships grow peer to peer and also with the police members. I love getting some amazing insightful responses to the topics we discuss which challenge or add to my thinking on said topic! And of course, breakfast!

What's the first concert you ever went to?

Humble brag.... Bruce Springsteen!

When you were a kid, what did you want to be when you grew up?

A dancer & A ski Instructor – I achieved one ... and I'm proud of that!

If you had to pick one age to be permanently, which age would you choose and why?

I wouldn't want to be permanently at one age as I feel like you wouldn't be able to keep growing as a person

If you could snap your fingers and become an expert in something, what would it be and why?

Pool shark – so I could hustle and impress people simultaneously, that or figure skating

If you could invent something, what would it be?

A book holder which turns pages for me so that I can lie in bed and read without getting a dead arm!

Save the Date!

Blue Light Victoria's major fundraising event is back!

We're cranking up the nostalgia and inviting you to our 3rd Annual Back to the Blue Light Disco.

The event will be held at the RACV City Club and will raise funds to continue our work for young people across Victoria.

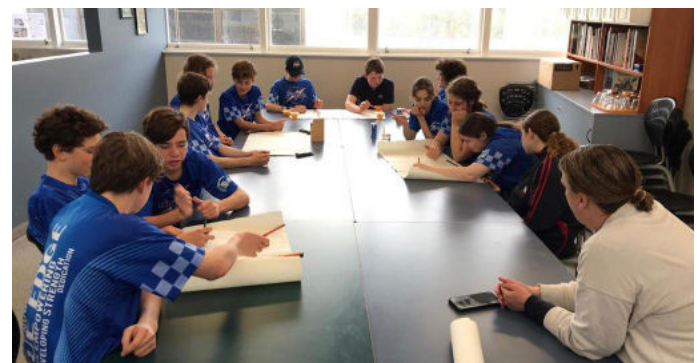
Stay tuned to our socials for more details and to buy your tickets!



Blue EDGE Bendigo



Blue EDGE Coburg



Blue EDGE Wonthaggi

Blue EDGE is a Blue Light Victoria program run in partnership with Victoria Police.

Blue Light Victoria would like to acknowledge and thank the Department of Industry, Science, Energy and Resources and the Alcohol and Drug Foundation for their ongoing support and funding for the Blue EDGE program.

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blue-light-victoria-incorporated

www.bluelight.org.au

blueedge@bluelight.org.au



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