



A Blue Light Victoria program

THE Blue EDGE Bulletin

April 2022

That's a Wrap!

And just like that Blue EDGE for Term 1 2022 has wrapped up. Thank you to our wonderful sites for making this term such a success. Despite some challenges with Covid we ran an incredible 113 sessions of Blue EDGE. We had 115 students complete the program and engaged with 52 Police Members.

A huge shoutout goes to our Site Facilitators. The program has grown so much this term as you brought our vision of more content and activities to life. Thank you to our School and Police Leads, we couldn't do it without you! And finally to our Fitness Trainers and Caterers (some would say the MVP's!) - thank you for encouraging and inspiring us and filling our bellies with delicious food!



Corio Blue EDGE

The Longest Day is the Best Day!

The final activity for our Blue EDGE groups is the Longest Day. This all day excursion is a chance for the students to bring together the lessons learnt throughout the program. Some activities require team work and great communication and others are designed to simply get the students out of their comfort zone, to face their fears and conquer them!

Each group heads to an adventure camp where students are challenged to support each other, communicate and cooperate whilst trying their hands at high ropes courses, giant swings, billy carts and canoeing (just to name a few!).



Mildura Blue EDGE

Some students,
who may have been
the most fearful, showed
impressive amounts of courage
to overcome their initial fears.
Facilitator Josephine said:

*It was a delight to see the sense
of satisfaction of their triumphs.
Students showed trust in each
other and displayed the lessons,
growth and learning of the Blue
EDGE program this term.*



Broadmeadows
Blue EDGE



Richmond Blue EDGE

A standout moment at Richmond's Longest Day was the team communication during the activities. Students were able to effectively communicate strategies and solutions during a team challenge which was made possible by the relationships built over the course of the program.

Both Mildura and Bendigo Blue EDGE were tasked with working together in canoes, whilst the Cranbourne group loved racing each other down the hill in billy carts!

We'd like to thank these wonderful organisations for having us this term: [Murray Life Adventures](#), [Kinglelake Forest Adventure Camp](#), [YMCA Lady Northcote](#), [Allambee Camp](#), [Wildside Outdoors](#) and [YMCA Camp Manyung](#).



Bendigo Blue EDGE



Mildura Blue EDGE

Spotlight!

Emma Szymanski - Wonthaggi Fitness Trainer

What's your involvement with Blue EDGE?

I work as a Group Fitness Trainer at YMCA Bass Coast, and I am the Fitness Trainer for Wonthaggi Blue EDGE.

When/why did you decide to become a fitness trainer?

I love the buzz of seeing people achieve their goals, and to be an inspiration for my participants.

What's the best part about being involved in Blue EDGE?

The banter with the kids. And seeing so many of them return week after week and end the session with a laugh and a smile.

What would you do with a million dollars?

Pay off my brothers houses. And buy a Jeep Gladiator for me!!

If you could only eat one meal for the rest of your life, what would it be?

Slow cooked Lamb Shanks, hands down.

What reality TV show would you be most likely to appear on?

Goggle Box.

If you could time travel, what year would you travel to and why?

Pre-1788. To witness the way of life of my ancestors, the Tungurung people.

What is the weirdest thing you have ever eaten?

Crocodile
Sausages



Feedback Survey

Have you been involved in a Blue EDGE program this term?

At the end of each program we invite all of our participants and stakeholders to fill out a Feedback Survey.

The survey is a chance for students, School and Police Leads, Fitness Trainers and families to provide Blue Light Victoria with insight into their thoughts on the program. We want to hear the good news stories and the areas you think need improvement.

To have your say, simply follow the links below:

Students: www.surveymonkey.com/r/BE_Post_T1_2022

Families: www.surveymonkey.com/r/BE_Fam_T1_2022

Community: www.surveymonkey.com/r/BE_Comm_T1_2022



Wonthaggi Blue EDGE



Corio Blue EDGE



Mildura Blue EDGE



Corio Blue EDGE



Cranbourne Blue EDGE



Wonthaggi Blue EDGE

Follow us!



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Blue EDGE is a Blue Light Victoria program run in partnership with Victoria Police.

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Australian Government
Department of Industry, Science,
Energy and Resources